

- Electric toothbrushes, when used correctly, can be easier for the average patient to use effectively
- Looking for an electric toothbrush? See below for some recommendations
- Need an effective cleaning gel to go with it? Check out our Oral Neutralizer Gel



Brush 'em, brush 'em, brush 'em!

There are a variety of electric toothbrushes to choose from. A general rule in life is that you get what you pay for. There are a couple of other things to consider:

-

Who is the parent company you are buying from? This is important in case you have a problem with your toothbrush, you want to assure that you will have a company that stands behind its product, and give good customer support.

-

Is the toothbrush age-appropriate? Some electric brushes may be too technique sensitive for a child to use, or have a handle that requires more manual dexterity than a person with arthritis may, etc.

-

Does the technology of this toothbrush offer some oral health benefit beyond what I could get with a manual toothbrush, or is it just easier to use?

-

Does it have a timing option to help assure you brush for the appropriate time?

Here is a general description of the most commonly bought toothbrushes and their pros vs. cons along with the retail price as listed recently:

Oral B Braun



Oscillating head design requires each tooth to be cleaned one at a time. Studies show it is one of the most effective designs for cleaning teeth.

Retails from £14.99 to £149.99, depending on model

Crest Spinbrush



Bulky head, non-sophisticated technology, easy for kids to use.

Retails from £5 to £22.99, depending on model

Sonicare



Comfortable head and advanced sonic technology allows for superior cleaning in hard-to-reach areas and

Retails from £69 to £169, depending on model

Ultreo



Ultrasonic technology makes this extremely technique sensitive. Not the best choice for kids or those wh

Retails from £129 to £169, depending on model