



®  
CariFree

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# News

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## Three Clinical Trials on CariScreen completed at OHSU with excellent results!

Orthodontic study being presented at the IADR in Toronto and Pedo study submitted for publication.

By R. Sauerwein, P. Pellegrini, T. Finlayson, J. Kimmell, I. Kasimi, D. Covell Jr, T. Maier, and C.A. Machida, Oregon Health & Science University, Portland, USA

**Objectives:** The objectives of this study were to determine if ATP bioluminescence could be used for the rapid assessment and quantification of plaque bacterial load on tooth surfaces surrounding orthodontic appliances.

**Methods:** Patients (14 individuals; ages 11-17) were bonded with orthodontic brackets and then recalled at 1 and 5 weeks post-bonding for collection of plaque surrounding the orthodontic appliances. Plaque and saliva specimens were assayed for total bacterial number, total streptococci and mutans streptococci number, and total ATP bioluminescence using a luciferin-based luminometric assay.

Pearson correlations were then calculated comparing bacterial cell numbers, as a composite population of all plaque specimens, or all plaque and saliva specimens, versus ATP bioluminescence.

**Results:** Using the plaque specimens, we observed strong to moderate statistical correlations between total bacteria, total streptococci and mutans streptococci, versus ATP-driven bioluminescence, and calculated significant  $r$  values of 0.808, 0.674, and 0.651, respectively. High correlation coefficients were also determined when measuring ATP bioluminescence from plaque specimens using a hand-held luminometer that could be used at chair-side. When both plaque and saliva specimens were collectively analyzed, we observed strong statistical correlations between total bacteria, total streptococci and mutans strepto-

cocci, versus ATP-driven bioluminescence, with calculated  $r$  values of 0.895, 0.843, and 0.781, respectively. Additionally, the majority of bacteria in the plaque specimens, or in the composite of plaque and saliva specimens, were streptococci; these determinations were supported with strong correlation coefficients of 0.895 and 0.940, respectively.

**Conclusions:** We conclude that ATP-driven bioluminescence is highly predictive of the numbers of total oral bacteria and total streptococci, and by statistical extension, is also reflective of the numbers of mutans streptococci. This study supports consideration of ATP bioluminescence as a useful tool for the rapid, chair-side quantification of bacterial load and as a general assessment indicator of oral hygiene maintained during orthodontic treatment.

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# Join CariFree at the Annual WCMID Conference in Chicago



**WCMID 9th Annual Conference  
Marriott Magnificent Mile Hotel  
in Chicago, Illinois  
August 13-16, 2008**

*Bring your family and employees to the exciting Marriott Magnificent Mile Hotel in Chicago to learn the latest updates in minimally invasive dentistry and meet with like-minded colleagues, while listening to stimulating lectures and taking part in hands-on workshops and earn CE Credits. As a member of the WCMID you are able to receive discounts to the 9th Annual Conference.*

***Don't get left behind in the ever-changing field of dentistry!***

## KEYNOTE SPEAKER

**Dr. Philip Marsh**

Professor of Oral Microbiology and holds a joint appointment as a Programme Leader at HPA CEPR. He is the recipient of numerous awards and research grants and is the co-author of a leading text book on oral microbiology (now in its Fourth Edition)

## **Other speakers include:**

Professor Doug Young from University of the Pacific  
Dr. Graeme Millich  
Debbie Gerger, RDH  
Dr. Mark Colonna & Dr. Enrico Divito  
Dr. Russ Misner & Dr. Sam Queen

## WHAT IS MINIMALLY INVASIVE DENTISTRY?

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## WCMID'S VISION STATEMENT

To be internationally recognized as an exemplary community of learners and leaders, distinguished by our unique educational programs, preparing healthcare professionals for success in a rapidly changing world, committed to continuous improvement, collaboration, and values in minimally invasive dentistry.

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